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# Annual Summary

2022

#### **EXECUTIVE SUMMARY**

New Horizons Treatment Center officially opened for business on June 4, 2013, accepting our first patient on July 1, 2013. Since that time the focus has been on establishing our services within the community as well as building our reputation as an agency that offers quality treatment services to those individuals who want to improve symptoms of their substance use disorder.

NHTC have been able to maintain the progress made over the past 8 years while still looking for ways to improve and/or grow our services. We continue to advocate for our patients, empower them to advocate for themselves and attempt to offer the community education as to what "treatment" truly means. We were also given the opportunity to offer treatment services to the inmates in the Lawrence County Jail in 2020 and this continued throughout 2022. This was made possible by the Lawrence County Drug & Alcohol Commission who created and funded this program.

In the aftermath of the COVID-19 pandemic, NHTC has experienced some challenges in 2022. We struggled with staffing, attempting to hire full-time clinicians throughout the entire year. This added additional responsibilities onto the Leadership, who had to adopt full-time caseloads in addition to their other responsibilities. A full-time clinician was finally hired in November 2022, but that did not reduce workload and/or the caseloads of Leadership immediately.

### **MISSION STATEMENT**

New Horizons Treatment Center believes there are many pathways to recovery, and we support each patient's unique approach while participating in our services. We treat every individual who walks through our doors with dignity and respect whether they are a prospective patient or our own staff.

We believe that addiction is a chronic disease and recovery involves the eventual healing of the whole person. As a result, our treatment services focus on the individualized needs of each person accessing services and are always patient-centered. We recognize the value inherent in each individual and strive to assist every patient with attaining their highest level of wellness. As a result, we believe that abstinence is the healthiest choice on the road to recovery. However, we also recognize the complexity of this disorder and acknowledge that recovery may be more of a process than simply a cessation of alcohol and other drugs. To this end we will always try to engage the patient where they are in their recovery and match their treatment services to their individualized Stage of Change. In adhering to this belief, we hope to support our patients in their journey to a long-term, sustained recovery.

We will always strive to deliver the highest quality of treatment services by incorporating the most effective treatment approaches into our programming. We shall ensure that these approaches are supported by current, available research and acknowledged by experts in the field of addiction, co-occurring mental health and substance use disorders, problem gambling, trauma, and forensic psychology.

We are dedicated to serving our community and to being a source of education and advocacy on the topics of addiction, cooccurring mental health and substance use disorders, co-occurring criminality and substance use disorders and problem gambling. The Leadership and staff of New Horizons Treatment Center strive to provide hope, help, and healing and will keep our mission statement as the guiding principle in our work.

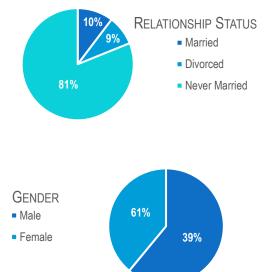
# **PROGRAM DEMOGRAPHICS**

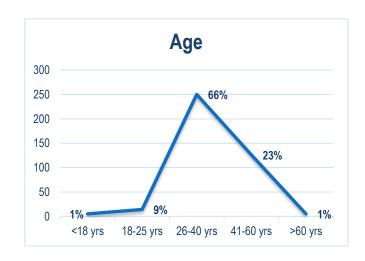
Clinical Assessments Completed: 318

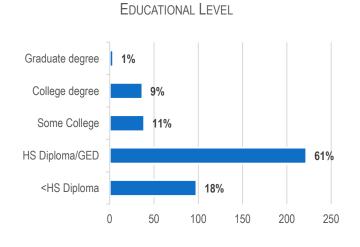
Admissions: **310** Discharges: **328** 

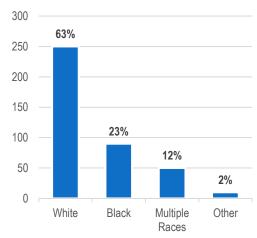
Treatment Completed: 12.5% Incarcerated: 1.5% Transferred: 1.5% Deaths: .3% Withdrew/Medical/ACA/Voluntary: 84.2%

### Length of Stay for Discharge Status: Withdrew/Medical/ACA/Voluntary 16.61% - 1 to 30 days 19.93% - 31 to 60 days 18.82% - 61 to 90 days 7.75% - 91 to 120 days 13.65% - 121 to 180 days 15.5% - 181 to 365 days 4.80% - 1 to 2 yrs 1.11% - 2 to 3 yrs 1.48% - 3 to 4 yrs 0.37% - 8 to 9 yrs



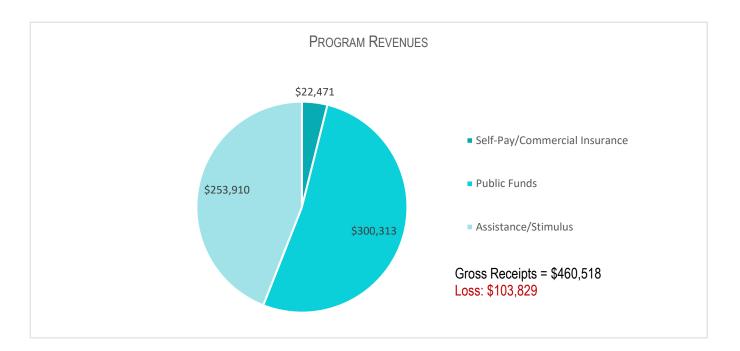


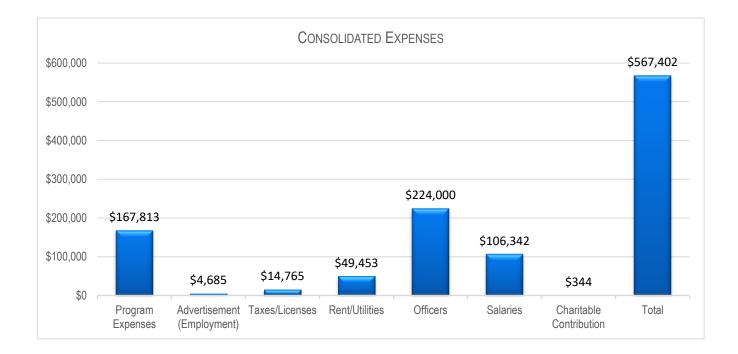




### IDENTIFIED RACE

## **PROGRAM FINANCIALS**





Evelyn J. Eddy is an officer and owned 50% of business during 2022.

Lisa M. Shaw is an officer and owned 50% of business during 2022.